WIDOWED PERSONS SERVICE NEWSLETTER - NOVEMBER 2023

Serving Tarrant County and Surrounding Areas

Office Hours: 10 AM to 2 PM Mon - Fri Phone: 817-551-2922 Fax: 817-551-2377

Web Site: wpstc.org

Facebook: Widowed Persons Service of Tarrant County (closed group - contact office for access)

Email: wpstc@att.net

PRESIDENT'S MESSAGE

Welcome to the cooler weather we are having. I hope all in my WPS family are enjoying it.

GREAT NEWS ---- We now have a credit card reader to take payments in person for the Christmas Banquet and dances. Alternatively, you can donate online by going to our website, <u>wpstc.org</u>, and entering your information. The credit card reader already has proven to be very helpful.

Don't forget that reservations for the Christmas Banquet, if purchased in person or postmarked by Nov 17, are available for the Early Bird price of \$30 per person. If postmarked or purchased from Nov 18 – 24, the price is \$40 per person. No reservations can be accepted after November 24, as Mira Vista County Club must have our final count of attendees by that date.

Gentlemen, we are still looking for volunteers to be Dance Hosts to dance with the unaccompanied ladies. We are also looking for items for Christmas Banquet door prizes. Contact Nancy Sheffer-Poole at <u>812</u>-593-1578 if you are willing to help on either of these items.

We have purchased two new computers and two new monitors for the office as our old ones can no longer be updated. Also, we had the smaller copier repaired, so now the newsletter printing should go more smoothly each month.

The November 12 General Meeting will be held at Sweetie Pie's Ribeyes Restaurant at NE Loop 820 (at Rufe Snow Dr) in North Richland Hills. Lunch will begin at 12:00 Noon and the meeting at 1:00 PM. We will be voting on the new Officers and Board Members for 2024 and the updated By-Laws.

MEMBERS ---- PLEASE, PLEASE, if you move or change your phone number, call the office. We are receiving many returned newsletters, and this is costing WPS money. Additionally, you're not receiving information about opportunities to attend events and visit with other members.

Members, remember when a new person comes to an event to welcome them and not let them sit at a table alone. Invite them to sit at your table. We don't save chairs, either. Many times, if no one talks to the new person they leave and never come back. We must be kind to everyone and not just sit with people we know. "Meet and Greet" means to meet new friends.

Have a great Thanksgiving with family and friends!

Phyllis Weisheit, President

OUTREACH GRIEF SUPPORT

Dear WPS Friends,

That time of year is peeking around the corner: holidays. Although originally created as times of festivity to honor significant dates, people, and times of the year, the holidays can be a source of added stress and anxiety if you are grieving the death of a loved one.

Because holidays are often shared with our closest family and friends participating in special traditions, it is exactly this situation that adds additional layers of mixed emotions and stress to the experience. Our husbands or wives whom we shared those moments with will not be there.

Since my husband died, I have never looked at or experienced holidays the same. I am now the person who struggles during any holiday for many reasons: missing the memories, the loss of traditions, the making of new ones, grieving the future ones without him, and many more. I now see a whole world filled with tender hearts during the holidays. I understand with so much more empathy and compassion. With each passing year, I have learned to navigate these moments with a bit more grace and wisdom. I have learned to create new traditions, honor and be grateful for the memories, and approach each holiday with vigilant tenderness and appreciation for how my holiday coping skills have awesomely developed. How?

Expectations: **NONE.** The biggest lesson learned was to not place any extra expectations during the holidays.

Honoring Precious Moments: Your traditions and routines have now changed. Letting go of the past can be a ceremony which can then offer space to reimagine new traditions.

Self Care: Choose what activities or events "fill you up" and allow you **NOT** to attend those that do not fill you up.

My favorite: Give yourself an exit plan. Drive your own car, so you can gracefully leave if you feel the need to.

Grieving is the consequence of experiencing love. Remember, **TIME** is the most precious gift we can share with each other. So why not make it count and live out the rest of our lives fully in the name of love. Grieving and mourning are normal, healthy, and precious.

As we celebrate Thanksgiving Day, let us give thanks. And to each of you who have given me so much, thank you.

Ruth Turner, Outreach Chairman and Certified Facilitator

<u>NOTICE</u>: The next Board Meeting will be held at the WPS office on Saturday, November 4, 2023, at 10:30 AM.

Refer to Page 3 for the current and upcoming Grief Support sessions and related meetings.

WAYS & MEANS

<u>Directory:</u> Directory input forms are available on the WPS website, <u>wpstc.org</u>. Please be included in the 2024 WPS Directory. This is a fundraiser that allows you the opportunity to contact other WPS members. Advertisers input sheets and cover letters are also available on the WPS website.

<u>Drawing:</u> The October General Meeting and Annual Drawing was held on Thursday, October 5, at Fat Daddy's Sports & Spirits Café in Mansfield. The winners present received their prizes, and those not present were notified by phone and were requested to pick up prizes at the WPS office or make other arrangements. Door prizes were also awarded by separate drawings to those attending the General Meeting.

<u>Donate-2-Impact:</u> The next Donate-2-Impact period for WPS is scheduled for November 6-19. **See the attached flyer for details.**

<u>Dances:</u> Nancy Sheffer-Poole and Phyllis Weisheit hosted a WPS sponsored dance on October 11 at the Fort Worth Elks Lodge.

Debbie Smith and Eula Plummer will be hosting a WPS sponsored dance on November 8 at the Arlington Elks Lodge from 6:30 to 9:00 PM. Food will be available from 5:30 to 6:30 PM. See the attached flyer for details.

Ann Barnes hosted a WPS DJ Dance at the Burleson Senior Center on September 29. She will be hosting another WPS DJ Dance scheduled for October 27. Since these dances are also fundraising events for WPS, a donation of the same amount that you would normally pay for admission to other WPS sponsored dances will greatly benefit the organization. See the attached flyer for details.

WPS November (Annual) General Meeting: Don't forget the November (Annual) General Meeting on Thursday, November 16. This year the meeting will be held at Sweetie Pie's Ribeye Restaurant, 6720 NE Loop 820, North Richland Hills. The meeting will start promptly at 1:00 PM (be there by 12:00 Noon if you plan to each lunch.) We will be voting for your 2024 Officers and Board Members as well as several revisions to the WPS Bylaws. See the attached flyer for details.

Ron Zembek, Ways & Means Chairman

NEW MEMBERS

Gary Hogan Sue Garza Sherial Bradfute Treva Sommers

MEMORIALS

Barbara Stanley in Memory of Marvin Stanley, M.G. & Christene Bobbitt, Freddye Kimberling, & Roberta Grissom Billie Brown in Memory of Jerry Brown Dian Woodard Crowell in Memory of Bill Woodard Jenny Newmann in Memory of Terry Newmann

DONORS

Cartie Yzquierdo	Rebecca Jacques
Margaret Davis	Ruth Winkler
Merryl Kloster	Suzy Flynn
Mike Grissom	Thaira Johnson
Patricia Perry	Thomas Harris
Patty Black	Zelda Freeman

ILLNESSES

Barbara Duke

DEATHS

D. D. Daniels

STILL WORKING?

For members still working, WPS offers a Facebook group and occasional Saturday brunches. Contact Robin Parr at rparr822@sbcglobal.net.

WPS OFFICE HOLIDAY HOURS

The WPS office will be closed Wednesday,
November 22, thru Sunday, November 26. It will
reopen at 10:00 AM on Monday, November 27.

WPS GRIEF SUPPORT SCHEDULE 2023 2:30 to 4:30 PM SUNDAYS*

*NOTE: Any changes to this schedule will be announced in both the newsletter and on our Facebook page, so check each month for any changes. For any other information on Grief Support, call the WPS office 817-551-2922 Mon-Fri 10AM-2PM, or Ruth Turner 817-713-9372. If no answer at either number, please leave a voicemail, and your call will be returned as soon as possible.

<u>JAN 15, 22, 29; FEB 5, 12</u>: University Christian Church, 2720 S University Dr (by TCU), Ft Worth. Facilitator: Merryl Kloster.

<u>FEB 19, 26</u>; <u>MAR 5, 12, 19</u>: First Baptist Church, Burleson, 317 W Ellison St, Burleson (park behind church). Facilitator: Ruth Turner.

MAR 26; APR 2, (SKIP 9), 16, 23, 30: University Christian Church, 2720 S University Dr (by TCU), Ft Worth. Facilitator: Arlyne Clements.

JUN 4, 11, 18, 25; (SKIP JUL 2), JUL 9: Pleasantview Baptist Church, 4400 Pleasantview Dr, Arlington. Facilitator: Arlyne Clements.

<u>JUL 16, 23, 30; AUG. 6, 13</u>: Genesis United Methodist Church, 7635 S Hulen St, Ft Worth. Facilitator: Ruth Turner.

AUG 20, 27; (SKIP SEP 3) SEP 10, 17, 24: St John Lutheran Church, 1218 E Debbie Ln, Mansfield. Facilitator: Phyllis Weisheit. (Meeting is in Youth Bldg at rear of church.)

<u>OCT 1, 8, 15, 22, 29</u>: Pleasantview Baptist Church, 4400 Pleasantview Dr, Arlington. Facilitator: Merryl Kloster.

NOV 5: HOLIDAY GRIEF SUPPORT: 2:30 to 4:30 PM, Pleasantview Baptist Church, 4400 Pleasantview Dr, Arlington.

NOV 12 : CANDLELIGHT MEMORIAL SERVICE : 3:00 PM, St John Lutheran Church, 1218 E Debbie Ln, Mansfield.

DONATION OPTIONS for MEMBERS, FAMILY & FRIENDS

- 1. <u>Cash or check to the WPS office</u>. See form below.
- 2. <u>Electronic Bank Transfer</u> to Routing # 311 981 614 and Account # 0008 196110.
- 3. <u>Kroger Community Rewards Program</u>. Call 866-221-4141 or register online at <u>kroger.com/account/enrollCommunityRewardsNow/</u> with your Kroger Plus Card number or alternate ID (your phone number). Enter Organization #IA786 (Widowed Persons Service of Tarrant County). To re-enroll (if "WPSTC" is not at bottom of receipt), use same procedure.
- **4.** Qualified Charitable Distribution (QCD). Contact your financial institution for details.

BUSINESS PARTNERS

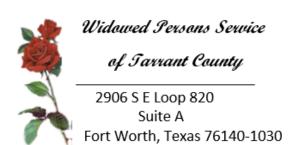
Beverly's Florist
Kroger Markets
Mastercraft Printed Products and Services
Spring Creek Barbeque

EVENT VENUE PARTNERS

Arlington Elks Lodge #2114
Burleson Senior Center
First Baptist Church, Burleson
Fort Worth Elks Lodge #124
Genesis United Methodist Church, Fort Worth
First Methodist Church Mansfield (games)
Pleasantview Baptist Church, Arlington
St. John Lutheran Church, Mansfield

CASH OR CHECK DONATION OPTION

To mail a donation to WPS, please provide the information below and mail to:	
Widowed Persons Service of Tarrant County, 2906 SE Loop 820, Suite A, Fort Worth, TX 76140-	1030
Amount of donation: \$25 \$50 \$100 Other \$	
Specify if donation is a Memorial gift In memory of (name)	
Specify where to send donation acknowledgement:	
Name	
Address	
City, State, Zip	



NON-PROFIT ORG.

U. S. POSTAGE

PAID

FORT WORTH, TX

PERMIT NO. 2389

RETURN SERVICE REQUESTED

DATED MATERIAL: PLEASE DELIVER BY NOVEMBER 1, 2023

OFFICER AND BOARD MEMBER NOMINEES WIDOWED PERSONS SERVICE OF TARRANT COUNTY FOR YEAR 2024

OFFICERS BOARD MEMBERSS

President: Phyllis Weisheit Barbara Brickley Diane Bowman **Ruth Turner** Vice President: **Arlyne Clements Margaret Davis** Judy Baker Sharon Ellershaw Secretary: **Gary Frye** Treasurer: Nancy Stepp Kay Hall **Bob Howard** Jane Morton Eula Plummer Nancy Sheffer-Poole **Debbie Smith Carol Stacy** Ron Zembek

WPS of Tarrant County is a Grief Support Program for widowed persons of all ages
WPS of Tarrant County is a TAX EXEMPT NON-PROFIT Organization funded by Memorials, Gifts and Donations

<u>WPS PURPOSE</u>: To aid bereaved men and women of all ages regardless of race, creed, and/or economic status, to adjust more effectively to the loss of a spouse through death and to build a new life.

RECURRING EVENTS

Host Still Needed for Arlington Dinner!!!

A volunteer is still needed to host the Arlington Dinner. For many newly widowed persons, WPS sponsored meals are their first exposure to WPS. Hosting a meal is simple and does not require a great deal of time. If you would be willing to host this event, please contact Diane Bowman at 817-996-2337.

ARLINGTON

Breakfast: Every Saturday 8:00 AM: Pantego Café, 2400 W Pioneer Pkwy, Pantego. Contact Suzy Flynn, 817-483-5518.

(NOTE: NEW LOCATION)

Lunch: NOV 8 ONLY, 11:45 AM: Division Street Diner, 1800 W Division St, Arlington. Contact Rita Sanders, 817-907-7878.

Dinner: CANCELLED FOR NOVEMBER.

BURLESON

Breakfast: Every Tuesday 8:30 AM: Our Place, 950 N Burleson Blvd, Burleson. Contact Diane Bowman, 817-996-2337.

Lunch: NOV 17 ONLY, 11:30 AM: Fesco's Cocina Mexicana, 112 S Main St, Burleson. Contact Ann Barnes, 817-774-6073.

Dinner: NOV 20 ONLY, 4:30 PM: Antonio's Mexican Restaurant, 344 SW Wilshire Blvd, Burleson. Contact Arlyne Clements, 817-

366-0430.

GRAND PRAIRIE

Brunch: Every Wednesday 10:30 AM: Theo's Bar & Grill, 107 NW 8th St, Grand Prairie. Contact Debbie Smith, 469-684-9982.

MANSFIELD

Breakfast: Every Saturday 8:30 AM: The Porch, 2771 E Broad St, Mansfield (across from Methodist Hospital). Contact Arlyne Clements, 817-366-0430. (NOTE: CANCELLED FOR NOV 25 ONLY DUE TO THANKSGIVING HOLIDAY)

Lunch: NOV 3 ONLY, 12:00 NOON: Suzushii Shushi & Grill, 2041 Hwy 287 N, Mansfield. Contact Judy Baker, 817-320-3825.

Dinner: NOV 15 ONLY, 4:00 PM: Texas Roadhouse, 940 Hwy 287 N, Mansfield. Contact Ann Barnes, 817-774-6063.

Games: Every 2nd and 4th Tuesday 1:30 - 4:00 PM: First Methodist Church Mansfield, 777 N Walnut Creek Dr, Mansfield. Contact Jane Morton, 972-977-7899.

NORTHEAST

Breakfast: Every Saturday 9:00 AM: The Corner Café, 7901 Mid Cities Blvd, Ste 242, N Richland Hills. Contact Sharon Wallace, 817-226-5095.

Lunch: NOV 8 ONLY, 1:00 PM: Abuelo's Mexican Restaurant, 850 Airport Hwy, Hurst. Contact Alice Baum, 817-793-6015.

Dinner: CANCELLED FOR NOVEMBER.

SOUTHWEST

Breakfast: Every Thursday 9:00 AM: Cracker Barrel, 8010 SW Loop 820 (exit Winscott Rd), Benbrook. Contact Carol Stacy, 817-360-8066.

Lunch: NOV 6 ONLY, 11:30 AM, Cracker Barrel, 8010 SW Loop 820 (exit Winscott Rd), Benbrook. IF YOU PLAN TO ATTEND, please contact Phyllis Bell, 817-657-5579. Restaurant needs a head count. (NOTE: NEW EVENT)

SPECIAL EVENTS

Friday, OCT 27: DJ Dance, Burleson Senior Center. See the attached flyer for details.

Mon, NOV 6 - Sun, NOV 19: Donate-2-Impact. See the attached flyer for details.

Wednesday, NOV 8: Dance, Arlington Elks Lodge. See the attached flyer for details.

Thursday, NOV 16: General (Annual) Meeting. Sweetie Pie's Ribeyes Restaurant. See the attached flyer for details.



Sunday, November 5, 2023 <u>2:30 – 4:30 PM</u>

Pleasantview Baptist Church, 4400 Pleasant View Dr, Arlington

Are you dreading the weeks surrounding Thanksgiving and Christmas? Join us for Help and Hope as you Navigate the Holidays.

Attend our program of "<u>Getting Through the Holidays</u>." It will help renew your spirit, give you clear, concise information about grief, and provide coping tips to help you through the many emotions you'll face.



CANDLELIGHT MEMORIAL SERVICE

Sunday, November 12, 2023 - 3:00 PM St John Lutheran Church, 1218 E Debbie Ln, Mansfield

Give yourself a holiday present by partaking with others in our Annual Widowed Persons Service tradition of lighting candles in Remembrance and Celebration of the life of your spouse.

This presentation of lighting candles and taking a rose (symbols of light and hope) gives tribute to your husband or wife. With music and bag pipes, this ceremony is a heartwarming way to honor them.

A reception and fellowship immediately follow, and your family is welcome to attend. There is no charge.



Get Rid of those clothes that don't fit you anymore or extra household items you don't need, and WPS will receive a donation.

Donate 2 Impact is a non-profit organization that accepts items for resale and reimburses other charitable organizations for them at a rate of \$0.09 per pound. WPS has signed up with this organization, and they have given us the **donation period of November 6 - 19, 2023**.

Items may be dropped off at the following location: <u>6020 S. Cooper St. Arlington</u>. Their hours of operation are Monday – Saturday 9:00 AM to 7:00 PM and Sunday 10:00 AM to 6:00 PM. <u>Donations must be made</u> during the WPS Donation period for WPS to receive credit.

When you drop off your items make sure you tell them that your organization is **Widowed Persons Service of Tarrant County (WPS)**.

You also have the option to have them pick up your items. You must schedule the pickup between November 6 - 19, 2023, and you must have the items outside your house for pickup. Call (972) 619-7880 to schedule a pickup. When you schedule a pickup, they will give you a date that they will pick up. They can schedule up to 2 weeks after the WPS donation period. Again, make sure you tell them that your organization is **Widowed Persons Service of Tarrant County (WPS).** They also request that items be separated as much as possible. Ie clothing, shoes, appliances and that breakable items be protected with packing.

Below is a list of Items that they <u>Accept</u>:

Clothing (all types and sizes), Shoes, Purses/Backpacks, Jewelry & Accessories, Linens/ blankets, Household items, Bath and Kitchen items, Books, Toys, Electronics, Small Appliances, and Small Home Décor.

Below is a list of items **NOT Accepted**:

Any used Medical Supplies, Anything Toxic or Flammable, Blinds, Building Materials (bricks, lumber, fence posts, tile, etc.), Cabinetry, Chemicals/Oils/Paints, Countertops, Doors, Food (animal or human), Hospital Beds/Adjustable Beds, Hot Tubs, Large Appliances, Large Exercise Equipment – Heavy Dumbbells, Light Fixtures, Magazines, Mattresses/ Box Springs, Newspapers, Office furniture, Cubicles, Desks, File Cabinets, Pipes, Scrap Fabric, Sheet Rock, Sinks, Soiled/Torn/Damaged/Stained Furniture, Swing Sets, Tires, Toilets, Trash, Tube TVs, CRT and Projection TVs, Unframed Mirrors, Unprotected Glasses, Used AC/Heating Units, Water Beds, Water Heaters, Weapons/Guns,/Swords/Knives, Wet/Rusty/Broken Items of any kind, Windows.



Sponsored by Widowed Persons Service

Come Dance/Listen

Country & Western

Songs from the Past and Present

with

Travis Moncrief as Disc Jockey



Friday, October 27, 2023

6:30 to 9:00 PM

Admission: Donations Only

Snacks provided at the break



It's Open to the Public

Burleson Senior Center

216 SW Johnson Ave, Burleson



Information: Ann 817-774-6073

Sponsored by Widowed Persons Service



Come Dance/Listen

2

"High Caliber Band"

with Rick Jackson

Wednesday, November 8, 2023

6:30 to 9:00 PM



BRING YOUR FAMILY & FRIENDS !!! IT'S OPEN TO THE PUBLIC !!!

501 W. Pioneer Pkwy, Arlington **Arlington Elks Lodge**

Serving Food 5:30 to 6:30 PM @\$6 per Person

- Old-Fashioned Fried Bologna Sandwich
- · Sloppy Joes Sandwich, Potato Salad & Beans

Proceeds from food go to ELKS National Foundation



Drawing: Door Prizes and MORE!!

Information: Debbie 469-684-9982 or Eula 214-668-7999





WPS (ANNUAL) GENERAL MEETING

Thursday, November 16, 2023

Meeting Starts at 1:00 PM

(Arrive by 12:00 Noon if you plan to have lunch)

Sweetie Pie's Ribeyes Restaurant 6720 NE Loop 820 (at Rufe Snow Dr), North Richland Hills

- <u>Door Prizes !!!</u> (must be present to win)
 - We will vote on the following items:
 - Your 2024 Officers & Board Members
 - WPS Bylaws Revisions







A BERRY MERRY CHRISTMAS BANQUET

When – Sunday, December 10, 2023 @ 1:30 PM (no seating until 1:15 PM)

Where – Mira Vista Country Club, 6600 Mira Vista Blvd, Ft Worth (off Bryant Irvin)

- RESERVE EARLY !!! (limited seating)
- EARLY BIRD SPECIAL \$30 per person, if postmarked by Nov 17
 - If postmarked <u>Nov 18-24</u>, price is \$40
 (NO reservations accepted after Nov 24)



(Reserve a table for 8 to 10 people by returning names and payment together)

> VALET PARKING AVAILABLE (they're volunteers, so tips are appreciated!)

LUNCH MENU

Pecan Crusted Chicken, Mashed Potatoes, Vegetables, Roll & Butter, Dessert,
Coffee & Water

LISTEN / DANCE (<u>large</u> dance floor!) to the



• SILENT AUCTION

MICHAEL KORS PURSE, JEWELRY, SPA BASKET, MEN'S GIFT BASKET, AND MANY MORE ITEMS!

• Door Prizes (must be present to win)

<u>Send names and money to WPS Office</u>, 2906 SE Loop 820, Ft Worth, TX 76140 or

Phyllis Weisheit & Nancy Poole will be attending all breakfasts/lunches/dinners to take early reservations

Questions? Call WPS Office, 817-551-2922 or Nancy Poole, 812-593-1578