WIDOWED PERSONS SERVICE NEWSLETTER - APRIL 2023

Serving Tarrant County and Surrounding Areas

Office Hours: 10 AM to 2 PM Mon - Fri Phone: 817-551-2922 Fax: 817-551-2377

Web Site: wpstc.org

Facebook: Widowed Persons Service of Tarrant County (closed group - contact office for access)

Email: wpstc@att.net

PRESIDENT'S MESSAGE

It's a beautiful Spring day for our WPS family. This month let's focus on the wonderful people who volunteer. As you know, the entire organization is run by volunteers since NO ONE is paid.

Some jobs are not easy, but someone always steps up to do them. Examples:

- 1. Work in office; every weekday someone is there from 10 AM to 2 PM.
- 2. Facilitators for Grief Support sessions. We have (7) sessions this year which are (5) Sundays each.
- 3. Helpers with each Grief Support session. It takes a minimum of (3) helpers per session.
- 4. Arrange and promote fund raisers, cruises, directory, bus trips, annual drawing.
- 5. Arrange for entertainment.
- 6. Work on fund raising projects.
- 7. Write and publish newsletter.
- 8. Prepare newsletter for mailing.
- 9. Do public relations work (health fairs, etc).
- 10. Train facilitators.
- 11. Train volunteers.
- 12. Host and arrange facilities for breakfasts, lunches, dinners.
- 13. Host and arrange facilities for games.
- Host and arrange facilities for Holiday Grief Support session.
- Host and arrange facilities for annual Candlelight Remembrance Service.
- 16. Host and arrange for General Meetings.
- 17. Host and arrange for dances.
- 18. All Board Members are working on different projects.
- 19. Arrange for annual Christmas Banquet.
- 20. All other members who donate anonymously.

I will not name all the volunteers for fear of omitting someone. However, you know who you are, and a big "THANK YOU" for a job well done.

We are always in need of volunteers. WPS can probably find a job for you, and you will feel good at doing something worthwhile helping other widowed persons. When you see someone working to make our activities happen, say your own special "THANKS" to them.

Just a reminder of the General Meeting on Thursday, April 20, 2023, at Spring Creek Barbeque, 3608 S Cooper Street, Arlington. Eating begins at <u>noon</u> and the meeting starts <u>promptly</u> at <u>1:00 PM</u>. See you all there.

Phyllis Weisheit, President

<u>NOTICE</u>: The next Board Meeting will be held at the WPS office on Saturday, April 1, 2023, at 10:30 AM.

OUTREACH GRIEF SUPPORT

Good morning, Dear Ones,

I wish as you awoke this morning you were able to see and feel the beauty that nature brings us this time of year. The magnificent Bluebonnets and the stunning colors of flowers intermingled in the various green shades of grass. We see this every year as the Easter holiday approaches.

But do you feel ambivalent about the upcoming Easter holiday? If so, you are not alone. A friend recently told me that she wasn't looking forward to Easter as this is the first year without her husband. Although Easter is considered a religious holiday, she is also a big fan of Easter bunnies, hats and baskets and every year bringing friends and family together for an Easter egg hunt. "This year," she said, "it will just not be the same."

Easter is more than a day. While it seems that everyone should be eager to celebrate this holiday, Easter, with its theme of death and rebirth, can be an unwelcome reminder of loved ones that won't be around this year. Although Easter Sunday is only one day, the days leading up to and after are traditionally Spring break from school. Seeing friends and families reunite during the break can trigger grief responses that leave one feeling sad, lonely, and depressed.

Faith can be comforting. For some, depending on their experiences and religious practices, Easter can be a time of comfort and a reminder that we can rise above our grief.

Not much is said of **self-care** about Easter, but depression can sneak up on us. We must remind ourselves that we are having a normal reaction to loss and that this too shall pass.

To help you get through Easter, especially in the early years of loss, **get support.** Take the time before and after to meet with others who are widowed and have suffered the loss of a spouse. Give our five-week Grief Support sessions a try.

Renew your faith. This may be an opportunity to reconnect with your faith and attend an Easter service. Look for a service that has inspirational music and a message of hope. The most important message this Easter is that our loved ones will always be with us in spirit.

Sending hugs your way.

Ruth Turner, Outreach Chairman & Certified Grief Support Facilitator

<u>Next Grief Session</u>: MAR 26; APR 2 (SKIP 9), 16, 23, 30 : University Christian Church, 2720 S University Dr (by TCU), Ft Worth. Facilitator: Arlyne Clements.

WAYS & MEANS

Debbie Smith and Eula Plummer hosted a WPS sponsored dance on March 8 at the Arlington Elks Lodge. Please continue to support our dances.

Nancy Sheffer-Poole and Phyllis Weisheit will be hosting a WPS sponsored dance on Wednesday, April 12, from 6:30 to 9:00 PM at the Fort Worth Elks Lodge. Come and dance (or just listen) to the "Freightliner Country Music Band." This dance, as are all our dances, is a fundraising event and is open to the public. Food will be available for purchase from 6:00 to 7:00 PM. See the attached flyer for more information.

If you haven't noticed, we now have a WPS Calendar of Events on the WPS website. To access it go to our website, wpstc.org. On the homepage under Activity Flyers, select Flyers, then under Newsletter Flyers, select the Monthly Event Calendar. If you have a printer that prints two-sided landscape mode, you can print the calendar as well. The website also contains all this year's newsletters in case you missed one.

As of March 15, First Travel opened the Nov 27- Dec 1 Branson bus trip to non-WPS members. Currently, 20+ members have signed up for this excursion. If you are planning to sign up for the trip, act fast, because there are only 54 seats on the bus, and it will fill up quickly. Note that this is a WPS sponsored fundraiser trip. See the attached flyer for more information.

Donate 2 Impact has scheduled us for the following dates this year: May 22-June 4, Aug 28-Sept 10, and Nov 6-19. For more information about Donate 2 Impact, refer to the flyer in the Jan 2023 newsletter.

All WPS directories that were ordered have been delivered.

Our first General Meeting this year will be April 20 at Spring Creek Barbeque, 3608 S Cooper St, Arlington. The meeting will begin promptly at 1:00 PM, so if you plan to eat, arrive around noon. Meet your 2023 Officers and Board Members. Spring Creek Barbeque has again this year agreed to print our yearly drawing tickets. Please support our benefactors. See the attached flyer for more information.

Ron Zembek, Ways & Means Chairman

NEW MEMBERS

Bill Alderman Myra Rickard
Dale Hughes Vicki Leza

MEMORIALS

Ann Barnes in Memory of Dan Barnes
Brian Wakefield in Memory of Steve Wakefield
Dian Woodard in Memory of Bill Woodard
Kay Hall in Memory of David Hall
Linda Turner in Memory of Sam Turner
Loveta Eastes in Memory of Doyle Eastes
Norman Morton in Memory of Martha Morton
Patricia Perry in Memory of Donald Perry
Patricia Summers in Memory of Charlie Summers
Suzy Flynn in Memory of Jack Flynn

DONORS

Billie Brooks

Brian Wakefield Carl King, Jr.

Ken Hulsey

ILLNESSES

Laurence Maloney

Richard Smith

DEATHS

None reported

STILL WORKING?

For members still working, WPS offers a Facebook group and occasional Saturday brunches. Contact Robin Parr at rparr822@sbcglobal.net

WPS GRIEF SUPPORT SCHEDULE 2023 2:30 to 4:30 PM SUNDAYS*

*NOTE: Any changes to this schedule will be announced in both the news-letter and on our Facebook page, so check each month for any changes. For any other information on Grief Support, call the WPS office 817-551-2922 Mon-Thur, 10AM-2PM, or Ruth Turner 817-713-9372. If no answer at either number, please leave a voicemail.

MAR 26; APR 2, (SKIP 9), 16, 23, 30: University Christian Church, 2720 S University Dr (by TCU), Ft Worth. Facilitator: Arlyne Clements.

JUN 4, 11, 18, 25; (SKIP JUL 2), JUL 9: Pleasantview Baptist Church, 4400 Pleasant View Dr, Arlington. Facilitator: Arlyne Clements.

<u>JUL 16, 23, 30; AUG. 6, 13</u>: Genesis United Methodist Church, 7635 S Hulen St, Ft Worth. Facilitator: Ruth Turner.

<u>AUG 20, 27; (SKIP SEP 3) SEP 10, 17, 24</u>: St. John Lutheran Church, 1218 E Debbie Ln, Mansfield. Facilitator: Phyllis Weisheit.

<u>OCT 1, 8, 15, 22, 29</u>: University Christian Church, 2720 S University Dr (by TCU), Fort Worth. Facilitator: Merryl Kloster.

NOV 5: HOLIDAY GRIEF SUPPORT: 2:30 to 4:30 PM, University Christian Church, 2720 S University Dr (by TCU), Ft Worth.

City, State, Zip _

<u>NOV 12 : CANDLELIGHT REMEMBRANCE SERVICE</u> : 3:00 PM, University Christian Church, 2720 S University Dr (by TCU), Ft Worth.

DONATION OPTIONS

for

MEMBERS, FAMILY & FRIENDS

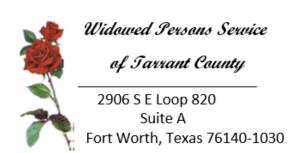
- 1. Cash or check to the WPS office. See form below.
- 2. <u>Electronic Bank Transfer</u> to Routing # 311 981 614 and Account # 0008 196110.
- 3. <u>Kroger Community Rewards Program</u>. Call 866-221-4141 or register online at <u>kroger.com/account/enrollCommunityRewardsNow/</u> with your Kroger Plus Card number or alternate ID (your phone number). Enter Organization #IA786 (Widowed Persons Service of Tarrant County). To re-enroll (if "WPSTC" is not at bottom of receipt), use same procedure.
- **4. Qualified Charitable Distribution (QCD).** Contact your financial institution for details.

BUSINESS SPONSORS

Arlington Elks Lodge
Beverly's Florist
First Baptist Church, Burleson
Genesis United Methodist Church, Fort Worth
Kroger Markets
Mansfield United Methodist Church
Mastercraft Printed Products and Services
Pleasantview Baptist Church, Arlington
Spring Creek Barbeque
St. John Lutheran Church, Mansfield
University Christian Church, Fort Worth

To mail a donation to WPS, please provide the information below and mail to:	
Widowed Persons Service of Tarrant County, 2906 SE Loop 820, Suite A, Fort Worth, TX 76140-1030	,
Amount of donation: \$25 \$50 \$100 Other \$	
Specify if donation is a Memorial gift In memory of (name)	-
Specify where to send donation acknowledgement:	
Name	
Address	

CASH OR CHECK DONATION OPTION



NON-PROFIT ORG. U. S. POSTAGE PAID FORT WORTH, TX

PERMIT NO. 2389

RETURN SERVICE REQUESTED

DATED MATERIAL: PLEASE DELIVER BY APRIL 1, 2023

OFFICERS AND BOARD MEMBERS WIDOWED PERSONS SERVICE OF TARRANT COUNTY FOR YEAR 2023

OFFICERS

President:

BOARD MEMBERS

Phyllis Weisheit Diane Bowman **Ruth Turner** Vice President: Barbara Brickley **Arlyne Clements** Judy Baker Secretary: **Margaret Davis Gary Frye** Treasurer: Nancy Stepp Jane Morton Eula Plummer **Debbie Smith** Nancy Sheffer-Poole **Carol Stacy Sharon Wallace** Ron Zembek

Ann Barnes

WPS of Tarrant County is a Grief Support Program for widowed persons of all ages WPS of Tarrant County is a TAX EXEMPT NON-PROFIT Organization funded by Memorials, Gifts and Donations

WPS PURPOSE: To aid bereaved men and women of all ages regardless of race, creed, and/or economic status, to adjust more effectively to the loss of a spouse through death and to build a new life.

SCHEDULE OF EVENTS - APRIL 2023

RECURRING EVENTS

Volunteers Needed for Arlington Dinner and Southwest Lunch !!!

Volunteers are needed to host the <u>Arlington Dinner</u> and the <u>Southwest Lunch</u>. For many newly widowed persons, WPS sponsored meals are their first exposure to WPS. Hosting a meal is simple and does not require a great deal of time. If you would be willing to host one of these events, please contact Diane Bowman at 817-996-2337.

ARLINGTON

Breakfast: Every Saturday 8:30 AM: Skillet & Grill, 1801 W Division St, Arlington. Contact Suzy Flynn, 817-483-5518. Lunch: APR 13 ONLY, 11:45 AM: Jay Jay Cafe, 1001 S Bowen Rd, Arlington. Contact Rita Sanders, 817-907-7878.

Dinner: CANCELLED FOR APRIL.

Games: : MOVED TO MANSFIELD METHODIST CHURCH (SEE BELOW). Contact Jane Morton, 972-977-7899.

BURLESON

Breakfast: Every Tuesday 8:30 AM: Our Place, 950 N Burleson Blvd, Burleson. Contact Diane Bowman, 817-996-2337.

Lunch: APR 21 ONLY, 12:00 NOON: Frescos Cocina Mexicana, 112 S Main St, Burleson. Contact Ann Barnes, 817-774-6073. (NOTE TIME CHANGE).

Dinner: APR 17 ONLY, 4:30 PM: Antonio's Mexican Restaurant, 344 SW Wilshire Blvd, Burleson. Contact Arlyne Clements, 817-366-0430.

GRAND PRAIRIE

Brunch: Every Wednesday 10:30 AM: Theo's Bar & Grill, 107 NW 8th St, Grand Prairie. Contact Debbie Smith, 469-684-9982.

MANSFIELD

Breakfast : Every Saturday 8:30 AM : The Porch, 2771 E Broad St, Mansfield (across from Methodist Hospital). Contact Arlyne Clements, 817-366-0430.

Lunch: <u>APR 7 ONLY</u>, 12:00 NOON: Mama Angie's Mexican Cocina, 8120 Rendon Bloodworth Rd (FM 1187), Mansfield. Contact Judy Baker, 817-320-3825.

Dinner: <u>APR 10 ONLY</u>, 4:00 PM: El Primo's Mexican Grill & Cantina, 2300 Matlock Rd, Ste 21, Mansfield. Contact Ann Barnes, 817-774-6073.

Games: Every 2nd and 4th Tuesday 1:30 - 4:00 PM : Mansfield Methodist Church, 777 N Walnut Creek Dr, Mansfield. Contact Jane Morton, 972-977-7899.

NORTHEAST

Breakfast : Every Saturday 9:00 AM : The Corner Café, 7901 Mid Cities Blvd, Ste 242, N Richland Hills. Contact Sharon Wallace, 817-226-5095.

Lunch: APR 12 ONLY, 1:00 PM: Outback Steakhouse, 813 Airport Fwy, Hurst. Contact Alice Baum, 817-793-6015.

Dinner: APR 18 ONLY, 5:00 PM: Ernie's Seafood Restaurant, 8206 Bedford Euless Rd, N Richland Hills. Contact Linda Turner, 817-475-3014.

SOUTHWEST

Breakfast : Every Thursday 9:00 AM : Cracker Barrel, 8010 SW Loop 820 (exit Winscott Rd), Benbrook. Contact Carol Stacy, 817-360-8066.

Lunch: CANCELLED FOR APRIL.

SPECIAL EVENTS

Wednesday, April 12: Dance, Fort Worth Elks Lodge. See the attached flyer for details.

Thursday, April 20: General Meeting, Spring Creek Barbeque, Arlington. See the attached flyer for details.

Sponsored by Widowed Persons Service



Come Listen/Dance to



"Freightliner Country Music Band" Wednesday, April 12, 2023 6:30 to 9:00 PM

\$10.00 Person at Door

BRING YOUR FAMILY & FRIENDS
OPEN TO THE PUBLIC!!!







Fort Worth Elks Lodge

3233 White Settlement Road, Fort Worth

<u>Serving Food: 6:00 to 7:00 PM - Burgers & Sandwiches</u>

+ Sides

(Order from Menu)

Proceeds from food go to Fort Worth Elks Lodge

Drawings: Door Prizes and More!!!

Information: Nancy 812-593-1578 or Phyllis 817-371-2151





WPS General Meeting

Thursday, April 20, 2022 1:00 PM

(Be there by 12:00 PM if you plan to have lunch)

Spring Creek Barbeque

3608 S Cooper St, Arlington

- Chat and Mingle with Other Members
- Meet your Officers & Board Members
- Hear Announcements of Upcoming Events



Be There !!! --- Don't Miss It !!!









FIRST TRAVEL OF BURLESON PRESENTS

Branson Show Extravaganza



INCREDIBLE PRICE INCLUDES:

- Motorcoach transportation
- ♦ 4 nights lodging in the Branson area
- ♦ 8 meals: 4 breakfasts and 4 dinners
- ♦ Admission to 6 Fabulous Shows! Including:
- ♦ Three Morning Shows: DUBLIN'S IRISH TENORS with special guests THE CELTIC LADIES, DOUG GABRIEL MORNING SHOW & A NEIL DIAMOND TRIBUTE SHOW
- ♦ Three Evening Shows: THE HAYGOODS CHRISTMAS SHOW, QUEEN ESTHER Show at the Sight & Sound® Theatre & PRESLEYS' COUNTRY JUBILEE CHRISTMAS SHOW

For more pictures, video, and information visit: www.GroupTrips.com/FirstTravelofburleson

\$790*

5 Days 4 Nights

*PER PERSON, DOUBLE OCCUPANCY

(Mon - Fri) Nov 27 - Dec 1 2023

Departure: First National Bank, 740 Southwest Wilshire Blvd, Burleson, TX @ 8 am

Day 1: Board your spacious, video and restroom equipped Motorcoach and set off for the "Live Music Show Capital of the World" - Branson, Missouri. This evening you'll enjoy Dinner and check into your Branson area hotel for a four night stay.

Day 2: Today, after a Continental Breakfast, you'll experience the DUBLIN'S IRISH TENORS with special guests THE CELTIC LADIES. With great looks and incredible voices, this hugely talented group of Ireland's finest singers perform some of the best music of the 20th Century. Next, visit HISTORIC DOWNTOWN BRANSON, with old-fashioned charm, novelty shops, and restaurants. After Dinner, you will be dazzled by THE HAYGOODS CHRISTMAS SHOW. All you favorite Christmas Songs are presented with the Joy and Magic of the Season as only the Haygoods can perform them! This is an amazing experience you don't want to miss!

Day 3: Enjoy a Continental Breakfast, you'll start your day with the DOUG GABRIEL MORNING SHOW. This good, clean, family show has lots of variety. It has a talented cast, rib-tickling comedy and a terrific ensemble of musicians. Plus, Doug plays his World Famous Mufftar (a guitar made out of a 1969 Thunderbird muffler)!!! Later, you'll have some free time for shopping. After Dinner, you'll take in the PRESLEYS' COUNTRY JUBILEE CHRISTMAS SHOW. This is one of Branson's original performing families. Nearly 50 years after they started, the Presleys' remain one of the most requested shows in Branson.

Day 4: Enjoy a Continental Breakfast and then start your day with A NEIL DIAMOND TRIBUTE SHOW. This Broadway style production is designed and produced to appeal to everyone of all ages. Be prepared to take a journey that will leave you amazed. Then, you will go to BRANSON LANDING and discover waterfront shopping, dining, and attractions on Lake Taneycomo's beautiful waterfront. After Dinner, you'll marvel at the QUEEN ESTHER Show at the Sight & Sound® Theatre. Set in the opulent yet perilous Persian Empire, Queen Esther is a captivating tale of beauty and bravery. Experience one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects and live animals in this original stage production!

Day 5: After enjoying a Continental Breakfast, you'll depart for home... a time to chat with your friends about all the fun things you've done, the great shows you've seen, and where your next group trip will take you!

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$135 for single occupancy. Final Payment Due: 9/20/2023

Sight & Sound® Theatre

QUEEN ESTHER Show at the

A NEIL DIAMOND TRIBUTE SHOW



DUBLIN'S IRISH TENORS with special guests THE CELTIC LADIES



HE HAYGOODS CHRISTMAS SHOW

ADD PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive *Travel Confident* ® Protection Plan. See separate advertisement...

FOR INFORMATION & RESERVATIONS CONTACT:

Lila Glazener @ (817) 447-8747